

Directory for Parents and Children Seeking Help



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PROVIDED BY:

THE CITY OF HARKER HEIGHTS MUNICIPAL COURT

HELPFUL NUMBERS

IN CASE OF EMERGENCY

9-1-1

HOTLINES:

Covenant House Teen Shelter	1-800-999-9999
Family Violence	1-800-799-SAFE
Handicapped Children's Special Education	1-800-252-9688
Legal Hotline for Older Texans	1-800-622-2520
National Info Center for Children & Youth with Disabilities	1-800-695-0285
Poison Control Center	1-800-222-1222
Teen Help Line	1-800-272-TEEN
Teen Hotline (Central Texas Youth Services)	1-800-421-8336
Texas Runaway Hotline	1-888-580-4357
Spanish Speaking Hotline (AIDS/SIDA Help Line)	1-800-344-SIDA
Suicide Prevention Hotline	1-800-273-TALK

POLICE DEPARTMENTS

Bell County Sheriff's Department	254-933-5426
Belton Police Department	254-933-5840
Copperas Cove Police Department	254-547-8222
Fort Hood Military Police Department	
Harker Heights Police Department	254-953-5400
Killeen Police Department	254-501-8830
Nolanville Police Department	254-698-6334
Temple Police Department	254-298-5500

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ALCOHOL & DRUGS ABUSE

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Al-Anon	Al-Anon is a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives.	All Ages	Hotline: 1-800-425-2666 Austin: 512-441-8591	Monday – Friday 7:00am – 5:00pm	For more info visit: www.al-anon.alateen.org *Multiple meetings. Call to find locations and times.
Alcoholics Anonymous (AA)	Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.	All Ages	General Service Office: 212-870-3400	Vary depending on location	For more info visit: www.aa.org *Multiple meetings. Call to find locations and times.
American Cancer Society Quit Line	Quitting tobacco is not easy, but it can be done. Whether you're a smoker, someone who uses smokeless tobacco, or just someone trying to help a friend or loved one, you'll find the information you need.	All Ages	Hotline: 1-800-227-2345	Hotlines: 24 hours Live Chat: Monday – Friday 8:00am -6:30pm	The American Cancer Society has many programs and services to help you understand cancer, get practical help like rides to treatment or a place to stay, and find emotional support. We can also connect you to valuable resources in your community. For more info visit: www.cancer.org
American Lung Association	Freedom From Smoking® Online, or FFS Online, is a program specifically designed for adults, who want to quit smoking. It's an adaptation of the American Lung Association's gold standard.	Adults 18+	Hotline: 1-800-586-4872	24 Hours	For more info visit: www.ffsonline.org
Army Substance Abuse Program	The Fort Hood Army Substance Abuse Program's mission is to strengthen the overall effectiveness of the Army's total workforce and to enhance the combat readiness of its soldiers.	Adults 18+	254-287-2892 Reference Desk: 254-287-7575	Monday – Friday 9:00am – 5:00pm	For more info visit www.hood.army.mil

ALCOHOL AND DRUG ABUSE CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Central Texas Council on Alcoholism and Drug Abuse	Central Texas Council is a drug or alcohol rehabilitation center with a primary focus on mental health and substance abuse treatment.	Ages 13+	Temple 254-778-2197	Monday- Friday 8:00am -5:00pm	The treatment center provides outpatient care. There are special groups and programs for adolescents, persons with co-occurring mental and substance abuse disorders, pregnant and postpartum women. Special language services provided include assistance for hearing impaired and Spanish. For more info visit: www.citehealth.com
Central Texas Rehab Center	Central Texas Rehabilitation Hospital is one of 35 hospitals operated by Triumph HealthCare and Rehab Care Group, Inc.	All Ages	Hospital: 1-888-813-0756 Austin: 512-407-2111	Monday – Friday 8:00am-5:00pm	For more info visit: www.khrehabcentraltexas.com
Christian Farms Tree house, Inc.	A non-profit corporation. We are a Licensed facility with the Texas Department of State Health Services. We serve chemically dependent adult men and women, including pregnant women and women with children.	Ages 18+	Belton: 254-698-6697 Temple: 254-933-9400	Monday – Friday 8:00am-5:00pm (Closed from 12pm-1pm for lunch)	"To mend broken lives and families while leading chemically dependent people to recovery by providing counseling, education, and aftercare planning in a safe Christian environment that allows for spiritual growth." For more info visit: www.cfth.org
Department of Substance Abuse Services (2-1-1)	2-1-1 Texas serves as the number to call for information about community resources. It links individuals and families to critical health and human services provided by non-profit organizations and government agencies in their own communities.	All Ages	SAMHSA National Hotline: 200-622-4357	24 Hours	Across the state, there are 25 Area Information Centers (AIC) that have been established to respond to calls from people who dial 2-1-1 and are seeking information. Bilingual services available. For more info visit: www.211.org
Substance Abuse Intervention	Program types include HIV Early Intervention Services (HEI), HIV Outreach Services, Pregnant Post-Partum Intervention (PPI), and Rural Border Intervention (RBI).	All Ages	Hotline: 800-832-9623	24 Hours	For more info visit: www.tcada.state.tx.us

CHILD ABUSE

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Children's Advocacy Center of Central Texas	The CACCT provides services to child victims of abuse and neglect through a CAC program and CASA program. Families with diverse economic, cultural and ethnic backgrounds have utilized the services of the agency	Ages 0-17	Belton: 254-939-2946	Monday – Thursday 8:00am – 5:00pm Friday 8:00am- 3:00pm	For more info visit: www.cacct.com
Department of Protective and Regulatory Services	Protecting children, the elderly, and people with disabilities from abuse, neglect, and exploitation.	All Ages	Hotline: 1-800-252-5400	24 hours	The Child Protective Services Division investigates reports of abuse and neglect of children. It also: •Provides services to children and families in their own homes; •Provides services to help youth in foster care make the transition to adulthood For more info visit: www.dfps.state.tx.us
Families in Crisis	Non-profit organization, supports and empowers victims of family violence and sexual assault.	All Ages	Hotline: 1-888-799-7233 Killeen: 254-634-1184 Temple: 254-773-7765 Fort Hood: 254-287-CARE	24 hours	Shelter for victims of abuse and their children. Outreach services for victims and community education. PREP: Peer Relationship Education Program Housing Assistance For more info visit: www.familiesincrisis.net
Texas Abuse Hotline	Emergency Protection orders for victims and children of domestic violence	All Ages	1-888-674-4529	24 hours	Texas law says anyone who thinks a child, or person 65 years or older, or an adult with disabilities is being abused, neglected, or exploited must report it to DFPS. A person who reports abuse in good faith is immune from civil or criminal liability. DFPS keeps the name of the person making the report confidential.

CHILD CARE

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Boys & Girls Club of Central Texas	Provides a variety of grouped and individual recreational, educational and social programs.	6-18 Years Old	254-634-0308	Vary by location	For more info visit: www.bgctx.org
Child Care Management Services	*Offer families an expanded choice of accessible child care arrangements *Offer families an identifiable source of child care information and financial assistance	All Ages	Toll Free: 1-800-647-6558	Monday – Friday 8:00am – 5:00pm	For more info visit: www.ruralcapitalworkforce.com
Child Support Division of the Office of the Attorney General	As the official child support enforcement agency for the State of Texas, the Office of the Attorney General provides services for parents who wish to obtain or provide support for their children.	All Ages	Toll Free: 1-800-252-8014	Vary by Office	For more info visit: www.oag.state.tx.us
Day Care Licensing Office	Is responsible for protecting the health, safety, and wellbeing of children who attend or reside in regulated child-care facilities and homes.	Provider can care for children from 0- 17 years of age	Toll Free: 1-800-862-5252	24 Hours	For more info visit: www.txchildcaresearch.org
Military Child and Youth Services	CYS Services supports the Soldier which in turn enhances Army readiness. In other words, a Soldier can concentrate on his/her mission knowing that their children and youth are safe and supervised by trained and professional staff members while participating in quality developmental programs.	All Ages	Fort Hood: 254-287-8029	24 Hours	Must be active duty military or dependent. For more info visit: www.myarmyonesource.com

CHILD CARE CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Safe Riders/Child Health and Safety Branch	Child car seat distribution and Education program. Provides one child seat to a family who attends a one-hour class about child passenger safety. A vehicle is required.	0-8 Years old	1-800-252-8255	24 Hours	For more info visit: www.dshs.state.tx.us/saferiders
Single Parent and Homemaker Support Services	Provides support to students seeking a degree or certificate by providing childcare assistance to encourage completion of educational goals. The recipients of assistance under this program are also eligible for those services listed under Section I of the Single Parent/Homemaker Services program	17+	Killeen: 254-526-1192	Monday – Thursday 7:00am– 5:00pm	Must be a current student at Central Texas College and meet other requirements. For more info visit: www.ctc.edu
YMCA	The mission of the Armed Services YMCA, on behalf of the Nation Council of Young Men's Christian Associations of the United States of America, is to put Christian Principles into practice through educational, recreational, social and religious programs and services for military personnel, both single and married and their family members. The mission is carried out in cooperation with the military.	6-17 Years of Age	Harker Heights: 254-690-9622	Vary by location.	For more info visit: www.ymca.net

COUNSELING (FAMILY AND AT RISK YOUTH)

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Aware Central Texas	Our mission is the prevention of child abuse, neglect, and family violence. We hope to break the cycle of abuse in families through awareness and education.	All Ages	254-813-0968	Monday – Friday 8:30am– 5:00pm	For more info visit: www.awarecentraltexas.org
Cedar Crest Children’s Clinic	General Child Health Care	0-17 Years of Age	Killeen: 254-519-4162	Monday – Friday 7:30am– 5:00pm	For more info visit: www.cedarcresthospital.com
Central Texas Youth Services Bureau	Youth support for all concerns.	3-17 Years of Age	Hotline: 1-800-421-TEEN Killeen: 254-529-3160 Copperas Cove: 254-248-1998	24 Hours (Hotline)	For more info visit: www.cebraktexasyouthservices.org
Child Help	A national non-profit organization dedicated to helping victims of child abuse and neglect and at-risk children.	All Ages	1-800-422-4453	24 Hours	For more info visit: www.childhelp.org
Children’s Mental Health Services	For persons suffering from mental illness and their family members.	All Ages	Copperas Cove: 254-547-5914 Killeen: 254-526-4146 Temple: 254-791-0002	Vary by locations	For more info visit: www.txchildren.org
Family Hospice	Temporary housing for families of hospital patients.	All Ages	Killeen: 254-526-0044 Temple: 254-742-2000	Vary by location	Call to find locations and availability.
Fort Hood Crisis Line	Offers services to adult victims of assault and domestic violence.	18+	1-888-799-SAFE	24 Hours	Must be active duty military or dependent. For more info visit: www.fthood.healthandperformancesolutions.net

COUNSELING CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Gold Star Family Support	Support for military family members of victims.	All Ages	254-553-2464	Monday – Friday 8:00am – 4:00pm	Must be active duty military or dependent. For more info visit: www.goldstarfamilysupport.org
Military & Family Life Counselors	Counseling services on various topics for active duty military and their dependents	18+	254-383-3684 254-383-1631 254-383-2571	Monday – Friday 8:00am – 4:00pm	Must be active duty military or dependent. For more info visit: www.fthood.healthandperformance.solutions.net
MR Community Care Services	Services include training and support that promote integration of the person with a disability to live and work in their home community.	All Ages	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us
STARRY A Children at Heart Ministry	Temporary emergency overnight care, crisis counseling, individual and family counseling, youth life skills.	All Ages	512-388-8290	24 Hours	For more info visit: www.childrenatheartministries.org
Suicide and Crisis Center	Support hotline for persons contemplating suicide.	All Ages	1-800-888-4036 1-866-672-5100	24 Hours	For more info visit: www.schotline.org
Texas Alliance of Boys & Girls Club	Statewide Youth Services Network. Boys and Girls Club experience for youth	6-17 Years of Age	512-301-7771	Vary by location	For more info visit: www.bgca.org
The Mentor Program – Communities in schools	The mentoring program matches youths with caring, responsible, adults who are 18 years of age.	5-17 Years of Age	254-628-5437	Monday – Friday 8:00am – 5:00pm	For more info visit: www.cis-hot.org
Waco Center for Youth	Waco Center for Youth is a psychiatric residential treatment facility that serves youth with emotional or behavioral problems.	10-17 Years of Age	1-866-678-8440 512-419-2610	Monday – Friday 8:30am – 5:00pm	For more info visit: www.dads.state.tx.us

DEVELOPMENTAL DELAYS OR DISABILITIES

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Advocacy Inc.	Brings healing to children and adults who are victims of crime, and facilitates change to end violence.	All Ages	1-800-252-9108	24 Hours	For more info visit: www.advocacycntr.org
Association for Retarded Citizens of Bell County	The Arc of the United States is the organization serving people with intellectual and developmental disabilities.	All Ages	Hotline: 800-252-9729	24 Hours (Hotline)	For more info visit: www.thearcoftexas.org
Bell County Rehab for Children Center	The treatment center provides residential short-term treatment and residential long-term treatment care.	0-18 Years of Age	Temple: 254-778-6785	Monday-Friday 6:30am – 6:00pm	Call for more info and locations.
Children with Special Health Care Needs	The Children with Special Health Care Needs (CSHCN) Services Program helps •children with special health-care needs and •people of any age with cystic fibrosis.	All Ages	1-800-252-8023	24 Hours	For more info visit: www.dshs.state.tx.us/cshcn
Community Living Assistance and Support Services (CLASS)	Home and community-based services to people with “related conditions.” Services include habilitation services, adaptive aids, medical supplies, and nursing.	All Ages	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us
Deaf/Blind/ Multiple Disabilities Program (DBMD)	Services include, but are not limited to habilitation, assisted living, adaptive aids, and minor home modifications.	18+	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us

**DEVELOPMENTAL DELAYS
OR DISABILITIES CONTINUED**

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Early Childhood Intervention (ECI)	Early Childhood Intervention (ECI) helps babies and toddlers, ages birth to 3, with disabilities or delays in their development.	0-3 Years of Age	Hotline: 1-800-250-2246 Harker Heights: 254-628-5115	24 Hours (Hotline)	For more info visit: www.childteam.org
Home and Community- Based Services (HCS)	In-home or residential assistance, day habilitation, case management, respite care, dental treatment, and adaptive aids.	All Ages	Local Authority Central Counties Services 254-770-2336	24 Hours	For more info visit: www.dads.state.tx.us
In-Home Family Support Program (IHFSP)	Direct grant benefits are provided to eligible individuals with physical disabilities to purchase services that enable them to live in the community.	4+	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us
Intermediate Care Facilities for Mental Retardation (ICF/MR)	Provide residential services for individuals with mental retardation or related conditions	All Ages	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us
Parents and Special Education Hotline	This toll free message line is reserved for parents and other family members who have questions about student rights and regulatory requirements.	All Ages	512-463-9734	24 Hours	For more info visit: www.tea.state.tx.us
Program for Amplification for Children of Texas (PACT)	Serves Texas children from birth through 20 years of age who have hearing loss that causes a problem in school.	0-20 Years of Age	1-800-252-8023	24 Hours	For more info visit: www.tmhp.com/Pages/Topics/PACT.aspx
Texas Home Living Program	Community-based services and supports for eligible individuals who live in their own homes or their families' homes.	All Ages	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us

DOMESTIC VIOLENCE & EMERGENCY SHELTERS

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Central Texas Family Violence Task Force	A coalition of law enforcement, forensic nurses, and others whose mission it is to reduce family violence.	All Ages	254-634-1184	24 Hours	For more info visit: www.centextaskforce.com
Cove House Emergency Homeless Shelter	Homeless Shelter and food bank	All Ages	254-247-4673	24 Hours	For more info visit: www.covehouse.org
Family Violence Program (FVP)	Provides emergency shelter and support to services to victims and their children.	All Ages	2-1-1	24 Hours	Services for the FVP are through contracted organizations at the local level. Eligibility is based on self-declaration as a victim of family violence.
Healthy Homes Project	The Healthy Homes Program's purpose is to link area social service organizations and community resources with victims and family members in crisis.	All Ages	254-953-5400	24 Hours	For more info visit: www.ci.harker-heights.tx.us
Healthy Marriage Program	Provides marriage and relationship skills education to create safe, healthy and well-adjusted home environments for children.	All Ages	N/A	24 Hours	For more info visit: www.homelessshelterdirectory.org
Home and Hope Shelter	Emergency Homeless Shelter	All Ages	254-634-0110	24 Hours	For more info visit: www.homelessshelterdirectory.org
Martha's Kitchen	Food bank and homeless shelter	All Ages	254-770-0515	Monday and Tuesday 2:00pm – 5:00pm	For more info visit: www.marthas-kitchen.org
Option House	A 15-bed emergency shelter for children and youth	3-17 Years of Age	1-800-421-8336	24 Hours	For more info visit: www.centraltexas-youthservices.org

EDUCATION

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
English as a Second Language	Instructions below the post-secondary level to enable adults to speak, read, and write the English language.	18+	1-866-696-4233	Monday- Thursday 8:00am – 5:00pm	For more info visit: www.tcall.tamu.edu
Killeen Independent School District (K.I.S.D)	KISD proudly serves the communities of Killeen, Fort Hood, Harker Heights, and Nolanville.	5-18 Years of Age	254-336-0000	Monday – Friday 8:00am – 5:00pm	For more info visit: www.killeenisd.org *KISD offers a homeless student program with the following benefits: Continue to attend school, transportation, Free meals, one time purchase of clothing and school supplies.
General Education Development (GED)	A set of tests designed to determine whether the test-taker has a high-school graduate's level of knowledge.	16+	Central Texas College: 254-526-7161 Central Texas Workforce: 1-888-816-8970	Hours vary by location	For more info visit: www.ctcd.edu www.workforcelink.com
Jackson Professional Learning Center	Provides adult education, GED courses and testing. Also, hosts math tutoring for KISD students.	18+	254- 336-1741	Monday – Friday 8:00am – 5:00pm	For more info visit: www.killeenisd.org
Central Texas A&M University	Upper level institution committed to high quality, rigorous, and innovative learning experiences.	18+	254-519-5400	Monday- Thursday 8:00am – 5:00pm	For more info visit: www.ct.tamus.edu
Central Texas College	Provides quality teaching through an accessible learning environment.	16+	254-526-7161	Monday- Thursday 8:00am – 5:00pm	For more info visit: www.ctcd.edu

FINANCIAL ASSISTANCE

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
ACS Food Pantry	Emergency food provider for active duty military and their dependents.	All Ages	254-553-0493	Vary depending on supplies.	Must be active duty military or dependent. For more info visit: www.hoodmwr.com/acs
Consumer Credit Counseling	Non-profit credit counseling, debt consolidation and credit card help through financial education and debt management plans.	18+	1-800-374-2227	24 Hours	For more info visit: www.consumercredit.com
Cornerstone Outreach	Offers low-income residents social, educational and economic development programs, including job training	18+	Nolanville: 254-939-1285	Monday – Friday 8:00am – 5:00pm	For more info visit: www.ccolife.org
Formula Assistance Program	Provides dietary supplements, medications, vitamins, and follow up care at no cost or reduced cost.	0-21 Years of Age	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Killeen Help Center	Provides grants for paying utility bills	18+	254-519-3360 254-554-3400	Vary- Must call	For more info visit: www.needhelppayingbills.com
Helping Hands Ministry of Belton	Provides food and clothing to those persons in need.	All Ages	254-939-7355	24 Hours	For more info visit: www.helpinghandsbelton.org
Home Delivered Meals (HDM)	Provides a nutritious meal delivered to the client's home to ensure they get at least one healthy meal per day.	18+	1-800-458-9858	Vary by location	For more info visit: www.dads.state.tx.us
Housing Placement	Assisting an older person in obtaining suitable housing.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us

FINANCIAL ASSISTANCE CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Income Support	Aid in the form of money and goods.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Insurance Premium Payment Assistance Program	Provides reimbursement to a family for premium paid to provide health insurance.	0-21 Years of Age	1-800-440-0493	24 Hours	For more info visit: www.dshs.state.tx.us
Meals on Wheels	Provides a nutritious meal delivered to the client's home to ensure they get at least one healthy meal per day.	55+	Killeen: 254-699-8888	Vary by location	For more info visit: www.mealcall.org
Medically Dependent Children Program (MDCP)	A variety of services such as respite, adjunct support, adaptive aids and minor home modifications to help support families of medically fragile children keep their child at home.	0-21 Years of Age	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us
Mission Soup Kitchen	The kitchen provides meals for homeless and limited income clients.	All Ages	254-634-8322	Saturday 9:00am – 11:00pm and Tuesday 12:00pm – 2:00pm	For more info visit: www.killeenchurch.org
One-Time Grandparent Temporary Assistance to Needy Families (OTGP-TANF)	Provides a one-time, \$1000 cash grant to grandparents of needy children in their care who are receiving TANF cash assistance.	0-17 Years of Age Grand- Parent must be at least 45 years old.	2-1-1	24 Hours	For more info visit: www.211.org
One-Time Temporary Assistance to Needy Families (OT-TANF)	Provides a one-time, \$1000 cash grant to needy children and their parent(s) or certified relative with whom they live.	0-17 Years of Age	2-1-1	24 Hours	For more info visit: www.211.org

FINANCIAL ASSISTANCE CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
St. Joseph's Pantry	The Family Center and Food Pantry is the heart of St. Joseph Center's efforts to help working poor families achieve and maintain stability as they make their way	All Ages	254-402-9555	Vary by event Call to inquire	For more info visit: www.stjosephkilleen.org
Supplemental Nutrition Assistance Program (SNAP)	Formerly known as the "Food Stamp" program, SNAP helps low-income people and families buy the food they need for good health.	All Ages	2-1-1	24 Hours	For more info visit: www.211.org
Supplemental Nutrition Assistance Program (SNAP) Nutrition Education Program	The goal of SNAP Nutrition Education Program is to provide education programs that increase the likelihood that persons will make healthy food choices, practice food safety, and stretch a limited food budget.	All Ages	2-1-1	24 Hours	For more info visit: www.211.org
Temporary Assistance to Needy Families (TANF)	Provides time-limited cash assistance to needy dependent children and the parents or relatives with whom they live.	0-17 Years of Age	2-1-1	24 Hours	For more info visit: www.211.org
United States Department of Housing and Urban Development (H.U.D)	Provide our community with funding for activities that benefit the community and improves the quality of life for all.	All Ages	254-501-7842	Monday – Friday 8:00am-5:00pm	For more info visit: www.killeentexas.gov

HEALTH CARE

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
ANRED (anorexia and related eating disorders)	A nonprofit organization that provides information about anorexia nervosa, bulimia nervosa, binge eating disorder, and other food and weight disorders	10+	1-541-344-1144 1-416-340-4156	24 Hours Website	ANRED information is not a substitute for medical or psychological evaluation and treatment. For help with the physical and emotional problems associated with eating disorders, talk to your physician and a mental health professional. For more info: www.anred.com
Bell County Public Health	To improve environmental health protection through quality programs that are designed to serve, educate and regulate in the least restrictive and most efficient manner.	All Ages	254-773-4457 254-762-1930 Emergencies And After Hours	24 Hours Emergency Line	For more info visit: www.bellcountyhealth.org
Children's Medicaid (CHIP)	A jointly funded state-federal program that provides medical coverage to eligible children that are not already insured.	0-19 Years of Age	1-877-543-7669	24 Hours	For more info visit: www.chipmedicaid.org
Cedar Crest Behavioral Center	A private group practice of physicians and allied health providers who specialize in child, adolescent, adult, and senior adult mental health services.	All Ages	866-543-7779	24 Hours	For more info visit: www.bcacedarclinic.com
Center for Disease Control (AIDS Hotline and Testing)	The CDC maintains several departments concerned with occupational safety and health.	All Ages	1-800-CDC-INFO 800-232-4636	24 Hours	For more info visit: www.hivtest.org
Darnall Army Hospital	Our patients are soldiers, their family members, and retirees.	All Ages	254-288-8000	24 Hours	For more info visit: www.crdamc.amedd.army.mil

HEALTH CARE CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Family Planning Center	Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live.	All Ages	254-547-1006	24 Hours	For more info visit: www.hccaa.com
Freedom Urgent Care	After hours medical clinic.	All Ages	254-833-8456	Monday-Friday: 9:00am-9:00pm Saturday: 9:00am-6:00pm Sunday: 10:00am- 6:00pm	For more info visit: www.freedomurgentcare.com 300 West Central Texas Expressway Harker Heights, TX 76548
Immunization	Prevents, controls, reduces and eliminates vaccine-preventable diseases in children & adults.	0-18 Years of Age	1-800-252-9152	24 Hours	For more info visit: www.dshs.state.tx.us
Indigent Health Care	The County Indigent Health Care Program (CIHCP) provides health care services to eligible residents through the counties, hospital districts and public hospitals in Texas.	All Ages	512-776-7706	24 Hours	For more info visit: www.dshs.state.tx.us/cihcp
Killeen Free Clinic	Provides health care for uninsured, low income adults and children.	All Ages	254-618-4211	<u>Administration:</u> Monday – Thursday 9:00am-3:00pm <u>Clinic:</u> Monday & Thursday Check In 3:30 pm	For more info visit: www.gkfclinic.org 718 North 2 nd Street Killeen, TX 76541
Ascension Medical Clinic	Ascension Medical Clinic is committed to providing accessible, personalized, patient-friendly healthcare.	All Ages	Clinic: 254-298-2400	Monday – Friday 8:00am-5:00pm	For more info visit: www.kdclinic.com 401 West Jasper Dr. Killeen, TX 76542

HEALTH CARE CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Medicaid	The State and Federal cooperative venture that provides medical coverage to eligible needy persons.	All Ages	2-1-1	24 Hours	For more info visit: www.211.org
Medicare	The State and Federal cooperative venture that provides medical coverage to eligible needy persons.	65+	2-1-1	24 Hours	For more info visit: www.211.org
Metroplex Hospital	Metroplex Health System is the primary healthcare provider for West Bell, Coryell, and Lampasas counties, offering a wide array of medical and wellness services.	All Ages	254-526-7523	24 Hours	For more info visit: www.mplex.org 2201 South Clear Creek Rd. Killeen, TX 76549
National Eye Care Project Hotline	Provides eye exams and up to one year of care to US citizens and legal residents within the Continental U.S., Hawaii and Puerto Rico through volunteer Ophthalmologists.	All Ages	1-877-887-6327 Hotline	24 Hours	For more info visit: www.eyecareamerica.org
Seton Medical Center	A full-service acute care facility emergency care, women's services, orthopedics, cardiology to name a few.	All Ages	254-690-0900	24 Hours	For more info visit: www.setonharkerheights.net 850 West Central Texas Expressway Harker Heights, TX 76548
Scott & White Hospital	A non-profit collaborative health care system which encompasses one of the nation's largest multi-specialty group practices.	All Ages	254-724-2111 1-800-792-3710	24 Hours	For more info visit: www.sw.org 2401 West 31 st Street Temple, TX 76508

HEALTH CARE CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Scott & White Urgent Care Clinic	Offering a unique combination of services that will provide emergency care while also helping patients maintain healthy lifestyles.	All Ages	Belton: 254-933-5600	Monday – Sunday 8:00am- 10:00pm	For more info visit: www.swhp.org *Visit website or call for all locations
Texas Health and Human Services Commission	State agency which seeks to provide the leadership and innovation needed to achieve an efficient health and human services system for Texans.	All Ages	1-800-735-2989	24 Hours	For more info visit: www.hhsc.state.tx.us
Texas Poison Control Network	The Texas Poison Center Network complies with the Americans with Disabilities Act of 1990.	All Ages	1-800-222-1222	24 Hours	For more info visit: www.poisoncontrol.org
Title V Breast and Cervical Cancer Services (BCCS)	Screening, diagnostic and case management services for uninsured low-income women who are at risk for these cancers.	40+	1-512-458-7706	24 Hours	For more info visit: www.dshs.state.tx.us
Title V Maternity Services	Screening, diagnostic and case management services for uninsured low-income women who are most at risk for cancer.	Women of child bearing years.	2-1-1	24 Hours	For more info visit: www.dshs.state.tx.us
Women, Infants, and Children (WIC)	Special supplemental nutrition program for women, infants and children to ensure prevention, promotion, and education.	0-5 Years of Age	Copperas Cove: 254-547-9571 Fort Hood: 254-532-8680 Killeen: 254-526-2033 Hotline: 1-800-942-3678	Vary by location	Pregnant women, women who are breastfeeding a baby under 1 year of age, women who have had a baby in the past 6 months, may apply. For more info visit: www.dshs.state.tx.us/wichd/
Medicaid Help Line	Provides low-income women with gynecological exams, related health screening and birth control through Texas Medicaid.	Women 18-44	1-866-993-9972 1-888-492-7844 (Mammography)	24 Hours	For more info visit: www.texaswomenshealth.org

HOMELESS SHELTERS/ TRANSITIONAL HOUSING

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Centex Housing Assistance Program (Section 8 and HUD)	Authorizes the payment of rental housing assistance to private landlords on behalf of approximately 3.1 million low-income households.	18+	Killeen: 254-770-2300 254-634-5243 254-634-5859 Copperas Cove: 254-547-9591 Belton: 254-939-5321	Vary by location	For more info visit: http://portal.hud.gov/hudportal/HUD?src=/states
National Runaway Help Line	A nonprofit charity serving homeless youth with a network of shelters across the nation.	All Ages	1-800-999-9999	Vary by location	For more info visit: www.covenanthouse.org
House of Refuge	A 501(c)(3) non-profit recognized by the IRS	All Ages	Hotline: 480-988-9242	Vary by location	For more info visit: www.houseofrefugecorporation.org
Killeen Homeless Shelters and Services for the Needy	Provides homeless resources such as transitional resources for the homeless. Homeless clinic and treatment center resources.	All Ages	254-634-0110	Vary by location	For more info visit: http://www.homelessshelterdirectory.org
Option House	Provides emergency shelter. Services include: 24 hour emergency shelter care, Food Counseling Medical/dental screening.	3-17 Years of Age	1-800-421-8336	24 Hours	For more info visit: www.centraltexasyouthservices.org

HOMELESS SHELTERS/TRANSITIONAL HOUSING CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Salvation Army	Contains news, mission statement, disaster relief, job opportunities, and how one can help.	All Ages	254-634-0364	Vary by location	For more info visit: www.salvationarmy.org
Veteran Affairs	Provides patient care and federal benefits to veterans and their dependents.	18+	1-800-827-1000	24 Hours	For more info visit: www.va.gov
Victory Gospel Chapel	Helping men and women with drug and alcohol dependency issues.	All Ages	254-415-9572	Vary by program	For more info visit: www.victorygospelchapel.org

LEGAL ASSISTANCE

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Bell County District Attorney's Office	Divorce, Child Support, Civil and Criminal Law.	All Ages	254-933-5215 1-800-460-2355 (Ext. 5215)	N/A	For More info visit: www.bellcountytexas.com
Domestic Violence Line	Provides telephone counseling, info and referrals for women and same-sex partners who are experiencing or have experienced domestic violence.	All Ages	1-800 656 463 1-888-674-4529	24 Hours	For more info visit: www.thehotline.org
Family Violence Line	Texas Advocacy Project provides free legal services statewide to victims of domestic violence, sexual assault and stalking.	All Ages	1-800-374-4673	24 Hours	For More info visit: www.texasadvocacyproject.org
Fort Hood Legal Assistance	To provide courteous, competent, caring legal service to the Commanders, Soldiers, their family members and the military retirees residing within the Fort Hood, Texas area.	17+	254-287-3199	Monday – Friday 7:00am-5:00pm	Must be active duty military, military dependent, or military retired. For more info visit: www.hood.army.mil
Legal Awareness	The dissemination of accurate, timely, and relevant information about public entitlements, health care, and long term services, individual rights, housing, and consumer issues	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us

LEGAL ASSISTANCE CONTINUED

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Legal Assistance	Advice and counseling by certified staff or an attorney; documentation reparation, and advocacy or representation by an attorney.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Lone Star Legal Aid	Provides Free Legal Aid to people with Low Income, Disabilities, and Seniors.	18+	Belton: 254-939-5773 Fort Hood: 254-287-5297 Hotline: 1-800-733-8394	Monday – Friday 8:00am-5:00pm	For more info visit: www.lonestarlegal.org
Texas Attorney General's Office	Serves as legal counsel to all boards and agencies of state government	All Ages	Child Support Division: 1-800-252-8014	24 Hours	For more info visit: www.oag.state.tx.us
US Citizenship and Immigration	Get information on citizenship, green cards, work and visas.	All Ages	1-800-375-5283 1-800-755-0777	24 Hours	For more info visit: www.uscis.gov

PREGNANCY AND ADOPTION

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Adolescent and Family Counseling Center	To help each client develop the tools to help themselves. "An Investment in change is an investment in life."	All Ages	254-953-3231	Monday – Friday 8:00am-5:00pm	For more info visit: www.adolescentandfamilycounselingcenter.org
Adoption Coalition of Texas	A public/private partnership of nonprofit adoption agencies and CPS working together to find forever families for older children, sibling groups and children with special needs.	All Ages	512-301-2825	Monday – Friday 8:00am-5:00pm	For more info visit: www.adoptioncoalitiontx.org
Alternatives to Abortion Program	Provides low-income pregnant women with pregnancy and parenting information and support.	All Ages	1-888-LIFE-AID	24 Hours	For more info visit: www.texaspregnancy.org
Care Net Pregnancy Center	Providing a caring, confidential atmosphere to discuss pregnancy options and sexual health, while respecting each individual	All Ages	Pregnancy Support 254-772-8270 Hotline 1-800-712-HELP	24 Hours Hotline	For more info visit: www.pregnancycare.org
CHIP Perinatal Program	Provides prenatal care for the unborn children of low-income pregnant women that do not qualify for Medicaid.	Unborn and/or newly born children	1-800-647-6558 Or 2-1-1	24 Hours	For more info visit: www.chipmedicaid.org
Foster Care and Adoption Inquiry Line	Provides information on how to become a foster or adoptive parent.	18+	1-800-233-3405	Monday – Friday 8:00am-5:00pm	For more info visit: www.adoptchildren.org

**PREGNANCY AND ADOPTION
CONTINUED**

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Hope Pregnancy Center	Cares about your health. We have no financial interest in your decision.	All Ages	Killeen: 254-554-6822 254-519-3343 Copperas Cove: 254-518-4673	Monday, Wednesday, & Friday: 9:00am- 3:00pm Tuesday: 9:00am-7:00pm	For more info visit: www.hopepc.com
Planned Parenthood	Quality care through a wide range of services, including birth control.	All Ages	1-800-230-7526	24 Hours	For more info visit: www.plannedparenthood.org

SENIOR ASSISTANCE

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Adult Foster Care (AFC)	Provides 24 hour living arrangements with supervision in an adult foster home.	18+	1-800-458-9858	24 Hours	Functional Assessment is required. For more info visit: www.dads.state.tx.us
Adult Protective Services (APS)	Responsible for investigation abuse, neglect and exploitation of adults who are elderly or who have disabilities	65+ 18-64 (with disabilities)	1-800-252-5400	24 Hours	For more info visit: www.txabusehotline.org
Area Agency on Aging of Central Texas	Serving individuals 60 years of age and older and their caregivers residing in Bell, Coryell, Hamilton, Lampasas, Milam, Mills and San Saba Counties	60+	Belton: 254-770-2330 Hotline: 1-800-447-7169	24 Hours Hotline	For more info visit: www.centexaaa.com
Alzheimer's Association	Learn about signs, symptoms, stages, diagnosis, treatment and care of Alzheimer's disease and dementia.	60+	1-800- 272-3900	24 Hours Hotline	For more info visit: www.alz.org
Chore Maintenance	Performing household chores such as heavy cleaning, moving furniture, and yard work.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Emergency Response Services (ERS)	24-Hour electronic medical emergency call system for disabled adults who live alone.	18+	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us
Employment Placement	Assisting an older person in obtaining suitable employment.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us

**SENIOR ASSISTANCE
CONTINUED**

Agency/ Program	Description	Ages Served	Phone/Hotlines	Hours	Important Additional Information
Homemaker	Housekeeping, home management, meal preparation, and shopping assistance to individuals requiring assistance.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Hospice	Provides care consisting of medical, social, and support services for six months to persons who are terminally ill.	All Ages	1-800-458-9858	24 Hours	For more info visit: www.dads.state.tx.us
Mental Health Services	Analysis by mental health professional to determine need for services.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Ombudsman Program	Investigate, and resolve complaints made by, or on behalf of, residents of nursing assisted living facilities.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Personal Assistance	Assisting a person with such activities as bathing and dressing; skin and hair care; and eating and drinking.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Programs for all-inclusive Care for the Elderly (PACE)	All health-related services needed including inpatient and outpatient medical care.	55+	1-800-568-9858	24 Hours	For more info visit: www.dads.state.tx.us
Residential Repair	Repairs or modifications essential for the health and safety of the occupants.	60+	1-800-252-9240	24 Hours	For more info visit: www.dads.state.tx.us
Social Security Administration	Our business services provide employers access to Social Security's web services using a secure website.	65+	1-866-593-1341	24 Hours	For more info visit: www.ssa.gov